

Chart 1 TOP REGIONAL COVER CROP SPECIES¹

Bioregion	N Source	Soil Builder	Erosion Fighter	Subsoil Loosener	Weed Fighter	Pest Fighter
Northeast	red cl, hairy v, berseem, swt cl	ryegr, swt cl, sorghyb, rye	rye, ryegr, sub cl, oats	sorghyb, swt cl, forad	sorghyb, ryegr, rye, buckwheat	rye, sorghyb, rape
Mid-Atlantic	hairy v, red cl, berseem, crim cl	ryegr, rye, swt cl, sorghyb	sub cl, cowpeas, rye, ryegr	sorghyb, swt cl, forad	rye, ryegr, oats, buckwheat	rye, sorghyb, rape
Mid-South	hairy v, sub cl, berseem, crim cl	ryegr, rye, sub cl, sorghyb	sub cl, cowpeas, rye, ryegr	sorghyb, swt cl	buckwheat, ryegr, sub cl, rye	rye, sorghyb
Southeast Uplands	hairy v, red cl, berseem, crim cl	ryegr, rye, sorghyb, swt cl	sub cl, cowpeas, rye, ryegr	sorghyb, swt cl	buckwheat, ryegr, sub cl, rye	rye, sorghyb
Southeast Lowlands	winter peas, sub cl, hairy v, berseem, crim cl	ryegr, rye, sorghyb, sub cl	sub cl, cowpeas, rye, ryegr, sorghyb	sorghyb	berseem, rye, wheat, cowpeas, oats, ryegr	rye, sorghyb
Great Lakes	hairy v, red cl, berseem, crim cl	ryegr, rye, sorghyb, ryegr, swt cl	oats, rye, ryegr	sorghyb, swt cl, forad	berseem, ryegr, rye, buckwht, oats	rye, sorghyb, rape
Midwest Corn Belt	hairy v, red cl, berseem, crim cl	rye, barley, sorghyb, swt cl	wht cl, rye, ryegr, barley	sorghyb, swt cl, forad	rye, ryegr, wheat, buckwht, oats	rye, sorghyb
Northern Plains	hairy v, swt cl, medic	rye, barley, medic, swt cl	rye, barley	sorghyb, swt cl	medic, rye, barley	rye, sorghyb
Southern Plains	winter peas, medic, hairy v	rye, barley, medic	rye, barley	sorghyb, swt cl	rye, barley	rye, sorghyb
Inland Northwest	winter peas, hairy v	medic, swt cl, rye, barley	rye, barley	sorghyb, swt cl	rye, wheat, barley	rye, mustards, sorghyb
Northwest Maritime	berseem, sub cl, lana v, crim cl	ryegr, rye, sorghyb, lana v	wht cl, rye, ryegr, barley	sorghyb, swt cl	ryegr, lana v, oats, wht cl	rye, mustards
Coastal California	berseem, sub cl, lana v, medic	ryegr, rye, sorghyb, lana v	wht cl, cowpeas, rye, ryegr	sorghyb, swt cl	rye, ryegr, berseem, wht cl	sorghyb, crim cl, rye
Calif. Central Valley	winter peas, lana v, sub cl, medic	medic, sub cl	wht cl, barley, rye, ryegr	sorghyb, swt cl	ryegr, wht cl, rye, lana v	sorghyb, crim cl, rye
Southwest	medic, sub cl	sub cl, medic, barley	barley, sorghyb		medic, barley	

¹ryegr=annual ryegrass. buckwht=buckwheat. forad=forage radish. rape=rapeseed. sorghyb=sorghum-sudangrass hybrid. berseem=berseem clover. winter peas=Austrian winter pea. crim cl=crimson clover. hairy v=hairy vetch. red cl=red clover. sub cl=subterranean clover. swt cl=sweetclover. wht cl=white clover. lana v=LANA woollypod vetch.