

## Cover Crop-based Reduced Tillage for Fall Production of Cabbage, Cauliflower and Broccoli Using a Roller-Crimper and No-Till Planting Aid

**Project Titles:** Cover Crop-based Reduced Tillage for Fall Production of Cabbage, Cauliflower and Broccoli Using a Roller-Crimper and No-Till Planting Aid

**Coordinators:** Thomas Ruggieri

**Location:** Kearney, Missouri

**SARE Grants:** \$7,480

**Duration:** 2014-2015

To read the full project reports, go to <https://projects.sare.org/> and search for project number FNC14-973.

When Thomas Ruggieri first planted cover crops on his vegetable farm in rural Missouri in 2004, he noticed improvements in soil fertility and plant health. Ruggieri and Rebecca Graff run Fair Share Farm, a diversified vegetable farm with a 140-member CSA in Kearney, Missouri. Vegetable growers can use cover crops to help reduce erosion, improve soil health, slow weeds, enhance nutrient and moisture availability, and control pests. Ruggieri and Graff wondered if they could use cover crops to minimize labor as well by reducing the need to hand-mulch crops. They wanted to trial a method that was developed by Dr. Ron Morse of Virginia Tech combining reduced tillage and cover crops as mulch. They received a \$7,480 NCR-SARE Farmer Rancher grant to conduct their cover crop mulch experiment.

“Summer heat and drought require mulch to conserve moisture, minimize labor associated with weeding, and keep the soil cool,” said Ruggieri. “Growing our mulch in place using reduced tillage methods will save considerable time, energy, and money, while adding fertility to the soil.”

During the course of the project they seeded cover crops, fabricated a no-till planting aid (NTPA) and seeder, rolled



Vegetable growers Tom Ruggieri and Rebecca Graff experimented with a cover crop mulch experiment on their Missouri farm. As part of their project, they fabricated a no-till planting aid (top) and a seeder (bottom).

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and crimped cover crops, and planted vegetable crops into the rolled beds. They fabricated their NTPA with a combination of on-farm implement parts and purchased items (toolbar clamps, coulters, fertilizer knives).

The NTPA seemed to work well in their silt/clay soils, cutting a 6 to 8 inch deep furrow that would allow for the planting of transplants (see image, right). They fabricated their seeder with a new toolbar and four Cole Planter vegetable seeders. After some experimentation, the seeder worked adequately to produce a good stand of cover crops. The seeder served a dual purpose as well because they could also use it to seed cash crops.

They planted a rye/vetch cover crop in September, and then rolled it down in late May. Planting brassicas into rolled/ crimped cover crops proved to be challenging due to an abundance of rain in May and June. They found that it was difficult to keep weeds smothered during the period between rolldown and brassica planting in mid to late-July. The trial with tomatoes fared better. In one 100 foot bed, the cover crop was mowed and spaded in twice before they planted tomatoes, and they hay mulched the tomatoes. In the other bed, the vetch was rolled down and later mowed before planting tomatoes.

“The results show that the spaded and mulched bed performed over 300% better than the rolled/crimped bed,” said Ruggieri. “While both beds experienced a significant amount of blossom end rot during the first week or so of harvesting, the hay mulched bed recovered the quickest and produced the most. In addition the hay mulched plants were a deeper green and were more vigorous in their growth and fruit-set.”

For more information on Ruggieri’s NCR-SARE Farmer-Rancher grant project, visit the SARE project reporting website. Simply search by the project number, FNC14-973, at <https://projects.sare.org/>, or contact the NCR-SARE office.

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