## Tree Crops Offer a Resilient Solution for Urban Agriculture

Sarah Taylor Lovell, Associate Professor

Department of Crop Sciences, University of Illinois



## Do opportunities exist to create a "closed system" for cities?



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## Urban agriculture is difficult to justify based on food production alone



## Landscape Multifunctionality offers a framework for planning urban spaces

Landscapes that integrate ecological, cultural, and production functions, considering the site-specific context and needs of the users

LANDSCAPE PERFORMANCE

**Production Functions** 

**Ecological Functions** 

**Cultural Functions** 



## Landscape Multifunctionality offers a framework for planning urban spaces



Multifunctional ≈ Sustainable

LANDSCAPE PERFORMANCE

**Production Functions** 

**Ecological Functions** 

**Cultural Functions** 



## Landscape Multifunctionality offers a framework for planning urban spaces

### **Production Functions**

- •Fresh food, herbs
- Food for processing
- Medicinal products
- Fuel and firewood
- Feed for livestock
- •Fiber in many forms
- Cut flowers



### **Ecological Functions**

- Biodiversity
- Nutrient cycling
- Microclimate control
- Water quality
- Carbon sequestration
- Soil conservation
- Water storage

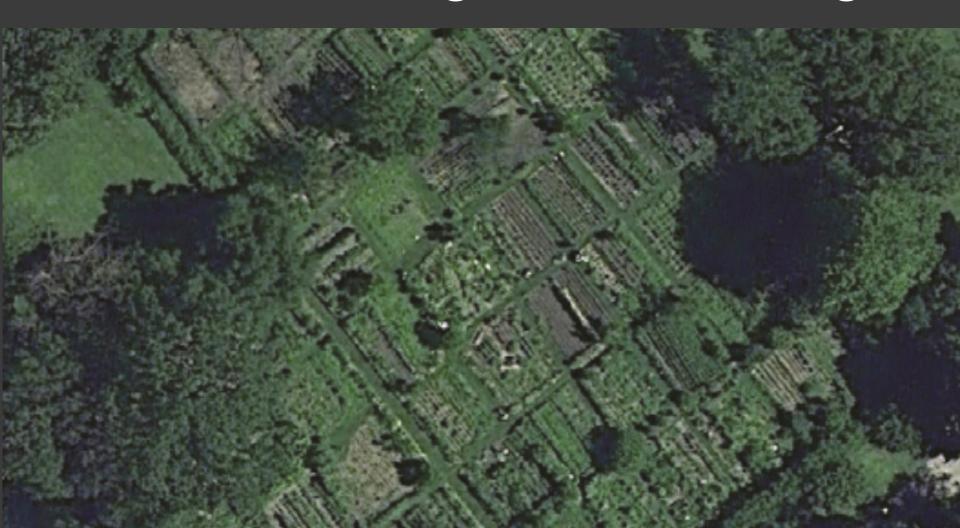


### **Cultural Functions**

- Recreation
- Visual Quality
- Artistic Expression
- Education
- Historic Preservation
- Ethnic reflection
- Cultural heritage



## PREVIOUS WORK: Characterizing UA in Chicago



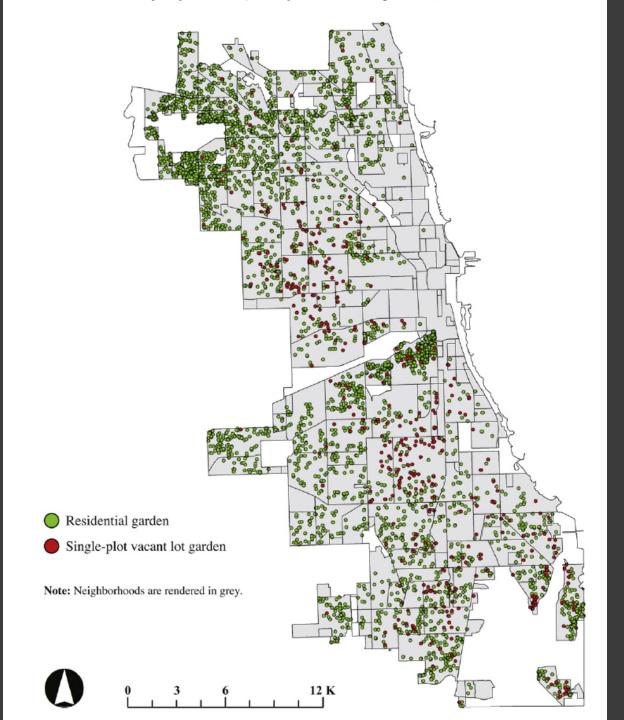
### Research in Chicago indicates urban agriculture is a prevalent land use type

- Satellite imagery scanned for signature food production sites, including backyard gardens
- Known community garden sites were verified
- Distribution correlated with demographic data



## Food production was extensive, and residential was dominating

| Classification                             | N (%)        | Area in m <sup>2</sup> (%)  |
|--|--------------|-----------------------------|
| Community food garden                      | 135(2.9)     | 54,518 (20.6)               |
| Urban farm                                 | 20(0.4)      | 12,352(4.7)                 |
| School garden                              | 50(1.1)      | 4385(1.7)                   |
| Miscellaneous                              | 7(0.2)       | 1731(0.7)                   |
| Multi-plot vacant lot gardena              | 7(0.2)       | 32,319(12.2)                |
| Single-plot vacant lot garden <sup>b</sup> | 428 (9.2)    | 39,607 (15.0)               |
| Small (<20 m <sup>2</sup> )                | 25(0.5)      | 419(0.2)                    |
| Medium (20–49 m <sup>2</sup> )             | 145(3.1)     | 5084(2.0)                   |
| Large (50–100 m <sup>2</sup> )             | 138(3.0)     | 9676(3.7)                   |
| Very large (>100 m <sup>2</sup> )          | 120(2.6)     | 23,951(9.1)                 |
| Residential garden                         | 4001 (86.0)  | 119,269 <sup>c</sup> (45.1) |
| Small (<20 m <sup>2</sup> )                | 1852(39.8)   | 29,076 <sup>d</sup> (11.0)  |
| Medium (20–49 m <sup>2</sup> )             | 1729(37.2)   | 59,132 <sup>d</sup> (22.4)  |
| Large (50–100 m <sup>2</sup> )             | 359(7.7)     | 23,909 <sup>d</sup> (9.0)   |
| Very large (>100 m <sup>2</sup> )          | 61(1.3)      | $7,152^{c}(2.7)$            |
| Total                                      | 4648 (100.0) | 264,181° (100.0)            |



## Three communities were studied: field observation and interviews

Table 3. Sample characteristics of the gardeners and gardens selected for a study of 59 African American, Mexican-origin and Chinese-origin households with home food gardens in Chicago, IL (updated from Taylor and Lovell, 2015).

|   | African American sample | Chinese-origin sample | Mexican-origin sample |
|---|-------------------------|-----------------------|-----------------------|
| Gardener characteristics                |                         |                       |                       |
| Sample size                             | 17                      | 23                    | 19                    |
| Gender ratio                            |                         |                       |                       |
| Male (%)                                | 35.3                    | 9.5                   | 36.8                  |
| Female (%)                              | 64.7                    | 90.5                  | 63.2                  |
| Age range                               | Late 40s to late 80s    | Late 40s to early 80s | Early 30s to mid-80s  |
| Foreign born (%)                        | 5.9                     | 100                   | 100                   |
| Household income <2 × poverty level (%) | 42.9                    | 53.8                  | 63.2                  |
| Garden characteristics                  |                         |                       |                       |
| Sample size                             | 18                      | 24                    | 19                    |
| Location                                |                         |                       |                       |
| Single family lot (%)                   | 55.6                    | 66.7                  | 5.3                   |
| Multifamily lot (%)                     | 11.1                    | 33.3                  | 68.4                  |
| Vacant lot (%)                          | 33.3                    | 0                     | 26.3                  |
| Lot size                                |                         |                       |                       |
| Mean (m <sup>2</sup> )                  | 452.9                   | 236.1                 | 360.1                 |
| Range (m <sup>2</sup> )                 | 275.2–1153.9            | 51.6-414.7            | 261.2-871.0           |

## Plant assemblages and structure were unique to ethnic groups



Figure 1. Examples of home food gardens of African American (top left), Mexican-origin (bottom left) and Chinese-origin (right) households in Chicago, IL.

## Plant assemblages and structure were unique to ethnic groups

Table 3. Assemblages of unique food crops observed in the home gardens of African American, Mexican-origin and Chinese-origin households in Chicago, IL.

| African American                      | Mexican-origin                        | Chinese-origin   |
|---------------------------------------|---------------------------------------|--|
| Black-eyed pea (Vigna unguiculata     | Amaranth, green (Amaranthus sp.)      | Amaranth, green and red (Amaranthus sp.)               |
| subsp. unguiculata)                   | Chilies—10 + varieties (Capsicum sp.) | Bitter melon (M. charantia)                            |
| Collards (Brassica oleracea Acephala  | Epazote (D. ambrosioides)             | Bunching onion (Allium fistulosum)                     |
| Group)                                | 'Frailes' (unidentified)              | Chinese broccoli (Brassica oleracea Alboglabra         |
| Kale (Brassica oleracea Acephala      | Hierba buena (Mentha spicata          | Group)   |
| Group)                                | subsp. spicata)                       | Chinese cabbage (Brassica rapa subsp. chinensis)       |
| Mustard greens (Brassica juncea cvs)  | Hoja santa (P. auritum)               | Chinese celery (Apium graveolens)                      |
| Okra (Abelmoschus esculentus)         | Lambsquarters (C. album)              | Chinese lettuce (Lactuca sativa cvs)                   |
| Poke sallet (P. americana)            | Pápalo (P. ruderale)                  | Chinese mustard (Brassica juncea cvs)                  |
| Sweet potato (root) (Ipomoea batatas) | Sugarcane (Saccharum sp.)             | Chrysanthemum, edible (Glebionis coronaria)            |
| Turnip (top and root) (Brassica rapa  | Tropical corn (Zea mays subsp. mays)  | Mustard spinach (Brassica rapa var. perviridis)        |
| subsp. rapa)                          |                                       | Garlic chives (Allium tuberosum)                       |
|                                       |                                       | Lemongrass (Cymbopogon sp.)                            |
|                                       |                                       | Malabar spinach (Basella alba)                         |
|                                       |                                       | Perilla (Perilla frutescens)                           |
|                                       |                                       | Pomegranate, dwarf (Punica granatum var. nana)         |
|                                       |                                       | Sweet potato (leaves) (Ipomoea batatas)                |
|                                       |                                       | Watercress (Nasturtium officinale)                     |
|                                       |                                       | White and yellow cucumber (Cucumis sativus cvs)        |
|                                       |                                       | Winter/hairy melon (B. hispida)                        |
|                                       |                                       | Yardlong bean (Vigna unquiculata subsp. sesquipedalis) |
|                                       |                                       | Yu choy sum (Brassica rapa var. parachinensis)         |

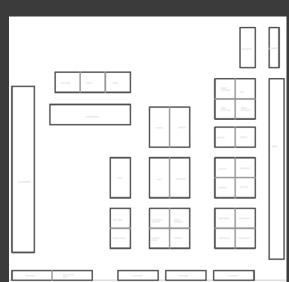
## Concluded Home Gardens can supply ecosystem services and disservices

- HG contribute to local food systems
- HG provide culturally appropriate foods
- HG rely heavily on external inputs
- Soil contamination could threaten food safety
- HG conserve biodiversity, but mostly lack trees and shrubs to provide structural diversity

## Food gardens mostly lack trees and shrubs to offer structural diversity

- Crops may displace native or ornamental plants
- Gardeners avoid planting trees or shrubs due to the need for full sun to cultivate most food plants
- Is UA incompatible with urban forestry efforts?





## CURRENT WORK: Beyond Annual Production



## Trees and shrubs provide unique ecosystem services for cities

- Microclimate control to mitigate urban heat island
- Carbon sequestration in woody biomass
- Habitat and food resources for urban wildlife
- Visual quality greater in settings with trees



Drawing on several disciplines, an alternative solution is possible

### Horticulture &





Agroforestry

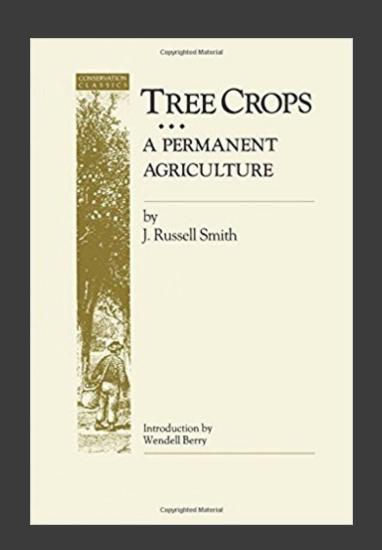
# Agroforestry is the integration of trees and/or shrubs with crops and/or livestock



https://forest-atlas.fs.fed.us/benefits-agroforestry.html

## Tree crops can offer a production function, providing fruits and nuts

- Trees can themselves be a productive component
- Tree crops are diverse and healthy options for human or livestock consumption



## Agroforestry for Food = agroforestry + tree/shrub crops



### AGRICULTURAL TRANSFORMATION?

Annual Perennial

Herbaceous — > Woody

Monoculture → Polyculture

Open System ———>Closed System



Conventional Agriculture

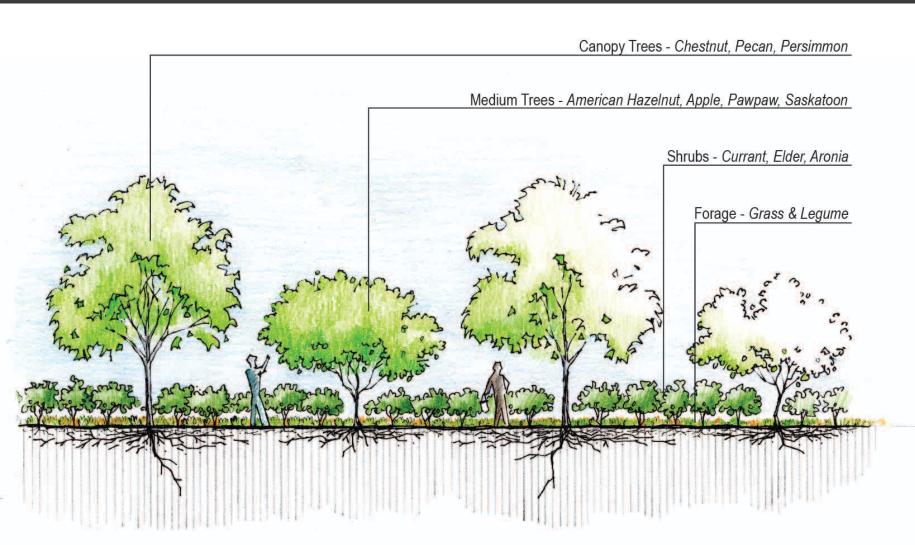


Multifunctional Solution

## Can "Agroforestry for Food" work for temperate regions (Midwest US)?

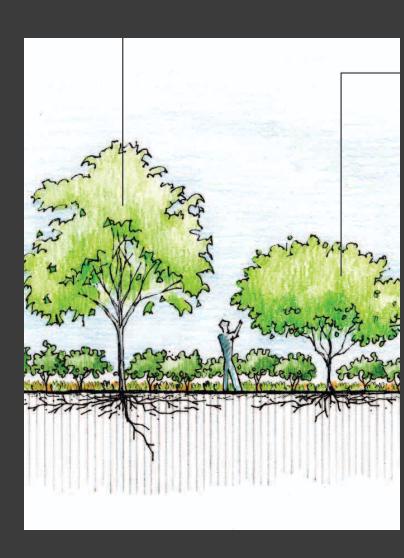
- Mimic the structure of **savanna** ecosystem
- Select species that replace functions of current crops: corn and soybean
  - Chestnut high starch (corn)
  - Hazelnut high oil (soybean)
- Evaluate additional ecosystem services
  - Carbon sequestration, water quality and quantity, biodiversity conservation, etc.
- Focus on marginal lands for early transition

## Designing woody polyculture systems for multifunctionality



## Multi-layered system allows plants to explore different niches

- Carbon sequestration
- Biodiversity conservation
- Water use efficiency
- Nutrient use efficiency
- Water quality
- Adaptation to climate change
- Diversification of enterprises
- Healthier food options



## "Agroforestry for Food" field trial will test plant interactions





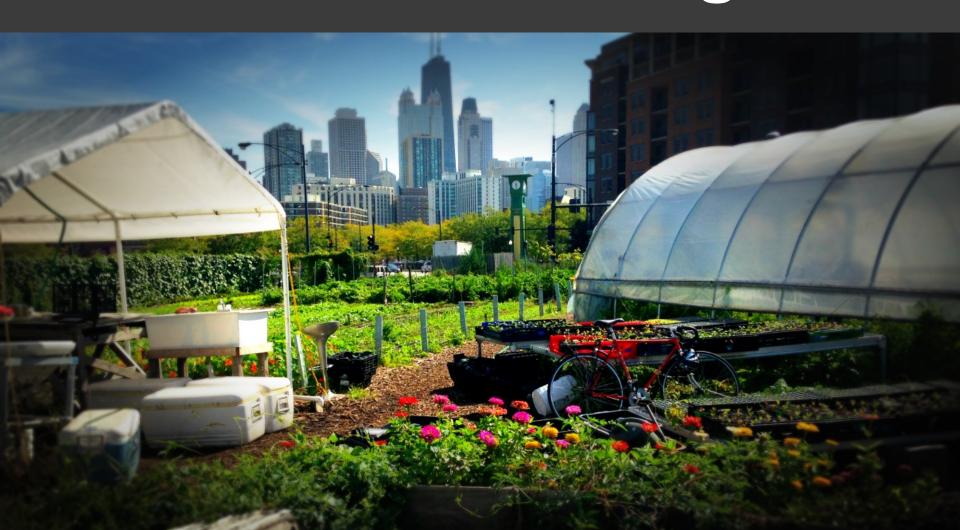
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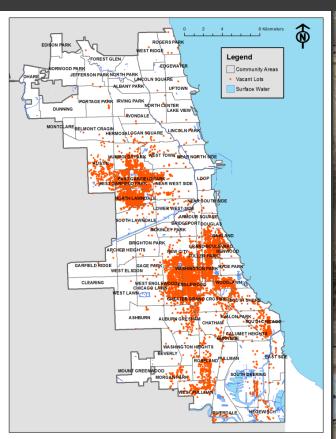


## Designing for Resilience in Urban Settings



## Marginal and underutilized land could be planted with tree crops

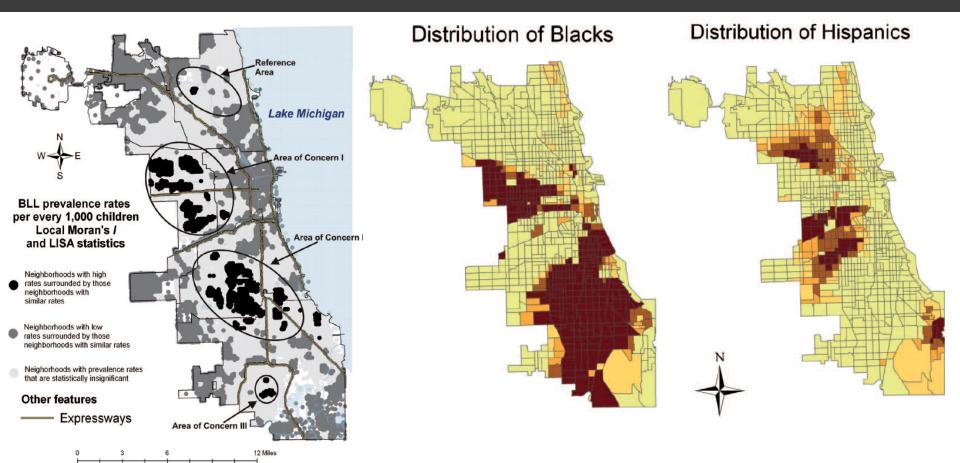
In Chicago 70-80,000 vacant lots; 11,000 city-owned



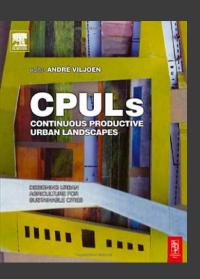


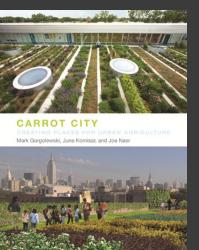
## Tree crops lessen food safety issues related to soil contamination

Oyana, T.J., Margai, F.M., 2010. Spatial Patterns and Health Disparities in Pediatric Lead Exposure in Chicago: Characteristics and Profiles of High-Risk Neighborhoods, The Professional Geographer, 62:1, 46-65



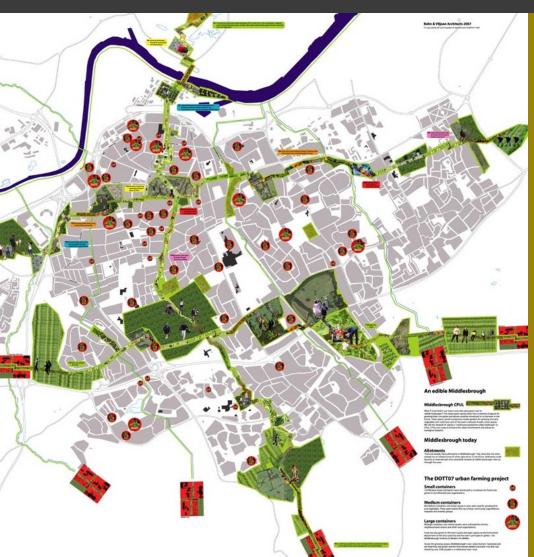
## Tree crops can be tied to urban tree canopy and greenway efforts





- CPULs: Continuous Productive Urban Landscapes
  - Connected agricultural spaces in the city that incorporate leisure and recreation
  - Incorporate city farms, market gardens, allotments, community gardens, etc.
  - Producing food where one wants to eat it,
     and consuming food where it was grown

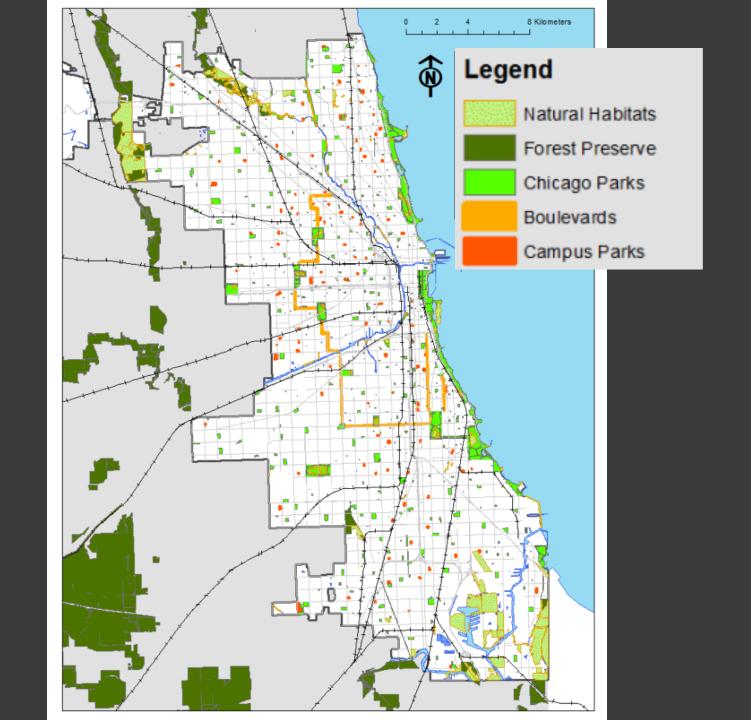
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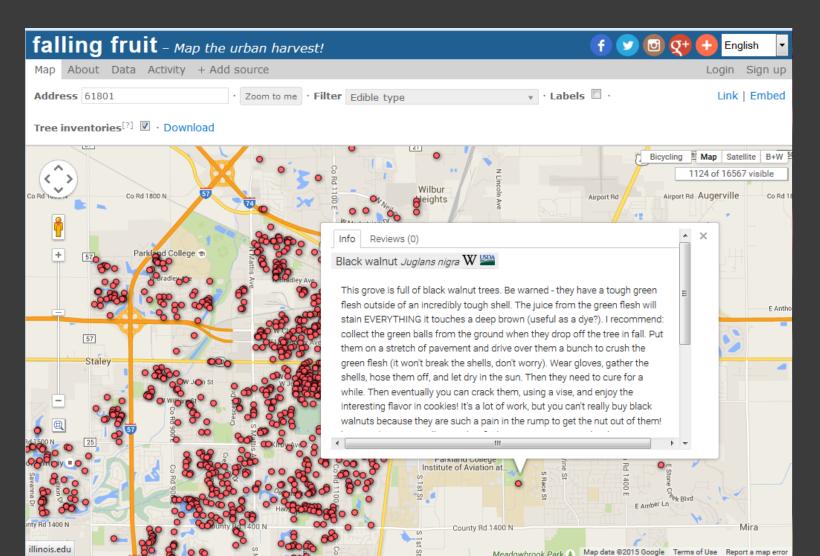




### CARROT CITY CREATING PLACES FOR URBAN AGRICULTU Mark Gorgolewski, June Komisar, and Joe Nasr



## Maps of public fruit trees can be used for gleaning (fallingfruit.org)



## Edible landscaping alternatives can be integrated into public spaces

- Shade trees producing fruits and nuts
  - Persimmon, walnut, Chinese chestnut, pecan, others
- Selected low-maintenance orchard trees
  - American plum, pear, cider apple, cherry
- Understory plantings
  - Pawpaw, Amelanchier sp, elderberry, aronia
- Shrubs for hedges
  - Currants, blueberry, hazelnut, brambles
- Ground-covers
  - Strawberry, lingonberry, winterberry

## Dedicated community orchards can be added to public parks



## Trees and shrubs can provide benefits for cultivated crops too

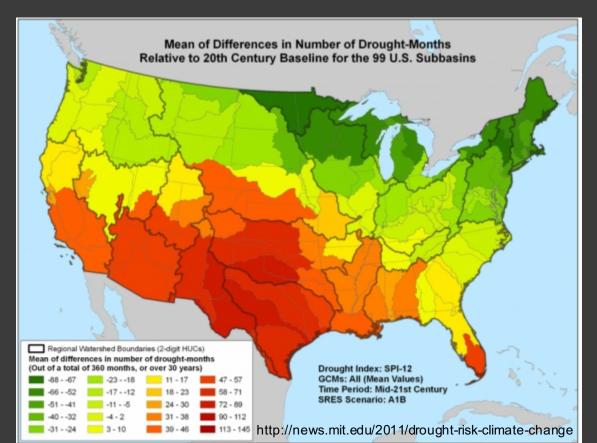
Buffers provide a wide range of functions to support healthy sites

- Microclimate
- Filtering runoff
- Filtering air
- Productivity
- Visual quality



## Tree and shrub species can be selected for future conditions

 Consider species that are native and adapted to local conditions and future climate variability



## Nut trees provide shade, store carbon, and supply starch and oil







### **American HazeInut**

- High oil nut
- Dense vegetation
- Ornamental

### Chinese chestnut

- High starch nut
- Valuable crop
- Heavy producer

#### Pecan

- Native to Midwest
- Few pest problems
- Allows dappled light

## Fruit trees improve scenic beauty and provide fresh healthy food







### Cider apple

- Heavy production
- Showy flowers
- Low maintenance

### Common pawpaw

- Native to Midwest
- Fruit eaten fresh
- High value crop

### **American persimmon**

- Rich flavor
- High vitamin C
- Native to Midwest

## Shrubs with small fruits support wildlife and human consumption







### **Aronia berry**

- High antioxidants
- Few pests
- Ornamental

### Juneberry

- Fruit eaten fresh
- Ornamental
- Many species

### **Elderberry**

- High antioxidants
- Nitrogen cycling
- Vigorous growth

## Tree crops contribute to climate change mitigation and adaptation

- Sequester carbon in biomass and soil
- Provide favorable microclimate to reduce urban heat island and related energy use
- Require fewer inputs of energy-intensive materials such as synthetic fertilizers
- Tolerate disturbance, like drought and flooding
- Contribute to conservation of biodiversity
- Protect resources including water and soil

### **MLAD** lab website:

### www.multifunctionallandscape.com

Facebook: "Agroforestry for Food"

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