Interest in cover crops is high due to their ability to improve soil health, reduce off-farm inputs and protect both the soil and water quality. In 2014, a national conference on soil health and cover crops co-hosted by SARE drew strong engagement from Northeastern farmers, educators and researchers. As a follow up to keep the momentum going and expand the use of cover crops in the Northeast, Extension professionals with a sustainable agriculture focus came together in 2015 to organize an in-depth train-the-trainer workshop.

The Northeast SARE Regional Cover Crops Training, hosted by Delaware State University, covered the latest research on the benefits and successful management of cover crops in grain, vegetable and animal production. The planning committee included agricultural leaders from 13 states. Ninety-four participants were organized into 11 teams that integrated farmers, USDA-NRCS representatives, Extension professionals, academics and leaders from industry and nonprofits.

From this two-year project, 12 farmers adopted new cover crop species, planted new fields in cover crops, or used new establishment and termination techniques, with more reporting their intention to do so. Additionally, 71 service providers recommended cover crop practices to other farmers. Videos from the three-day conference are posted on the SARE website.

For more information on this project, see www.sare.org/projects, and search for project number ENE15-141.
SARE Grants in Delaware

SARE has awarded a total of **28 grants** in Delaware since 1988.

- **9 Farmer/Rancher Grants**
- **5 On-Farm Research Grants**
- **5 Research & Education Grants**
- **2 Professional Development Grants**
- **7 Graduate Student Grants**

For detailed information on SARE projects, go to [www.sare.org](http://www.sare.org).

Contact Your SARE State Coordinator

SARE sustainable ag coordinators run state-level educational programs for Extension and other ag professionals, and many help grant applicants and recipients with planning and outreach. Visit [www.nesare.org/delaware](http://www.nesare.org/delaware) to learn more.

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SARE’s Impact

- **53 percent** of producers report using a new production technique after reading a SARE publication.
- **79 percent** of producers said they improved soil quality through their SARE project.
- **64 percent** of producers said their SARE project helped them achieve higher sales.

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For detailed information on SARE projects, go to [www.SARE.org](http://www.SARE.org).