

# Cover Crops and Soil Health Harvesting the Potential: Environmental Impacts of Cover Crops

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## The Role of Winter Cover Crops in the Restoration of Chesapeake Bay

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## The Main Problem in the Bay

Excessive nutrient inputs are driving algal growth, resulting in low oxygen levels (dead zones) and reduced light availability for rooted vascular plant communities.



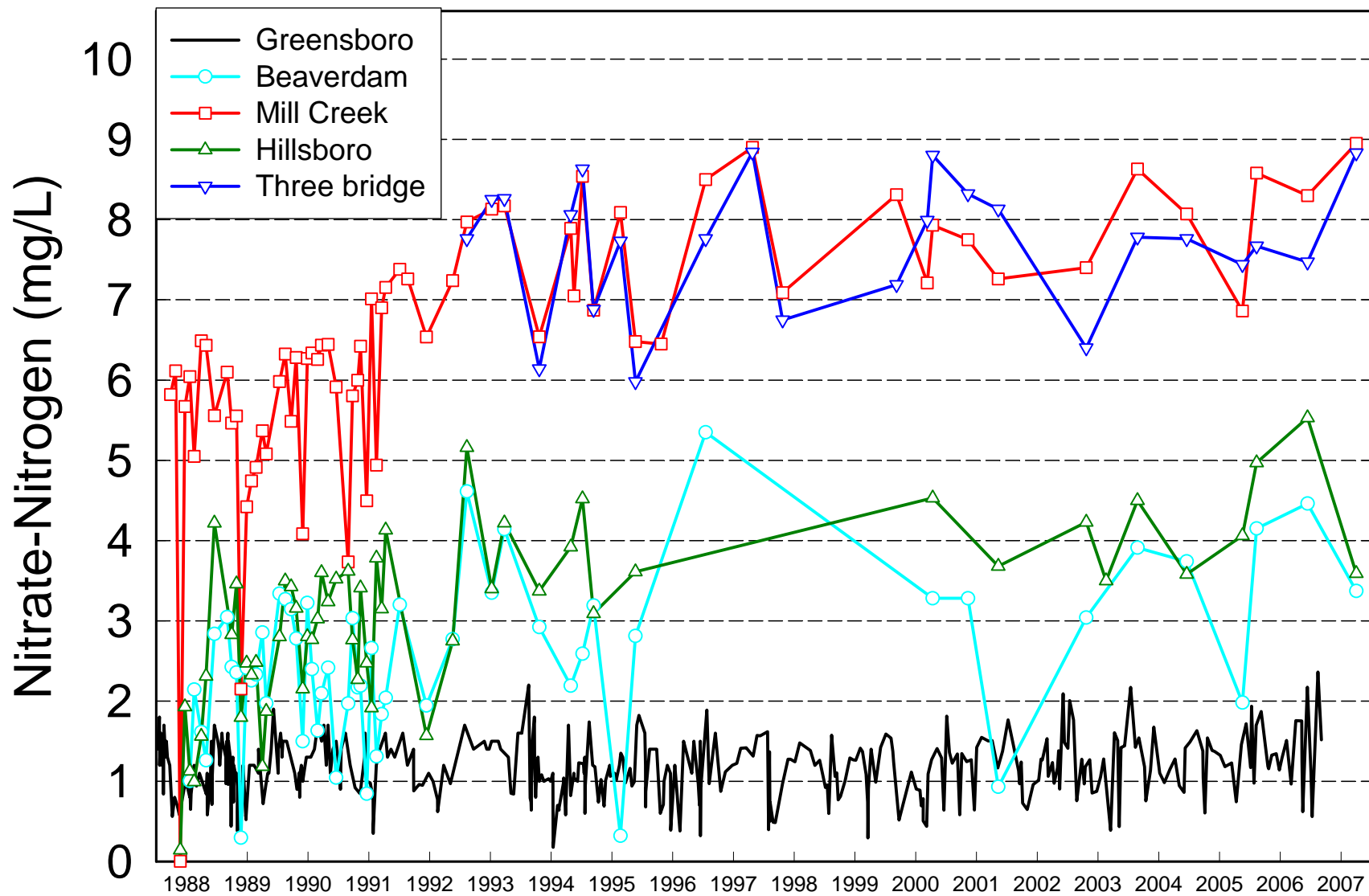


# The Restoration Strategy

In the late 1980's agreements were signed by states in the watershed with the primary goal being to cut nutrient inputs to Chesapeake Bay by approximately 40%. Lots of updates!

## The Problem on the Land

Groundwater under cropland is highly enriched in nitrate-N and results in high nitrate levels in stream flow and high loading rates of algal available N to tidal waters.



## Some Rough Numbers

In the Coastal Plain,  
approximately 80 % of the N  
delivered to Chesapeake Bay  
from crop land moves through  
groundwater flow paths.

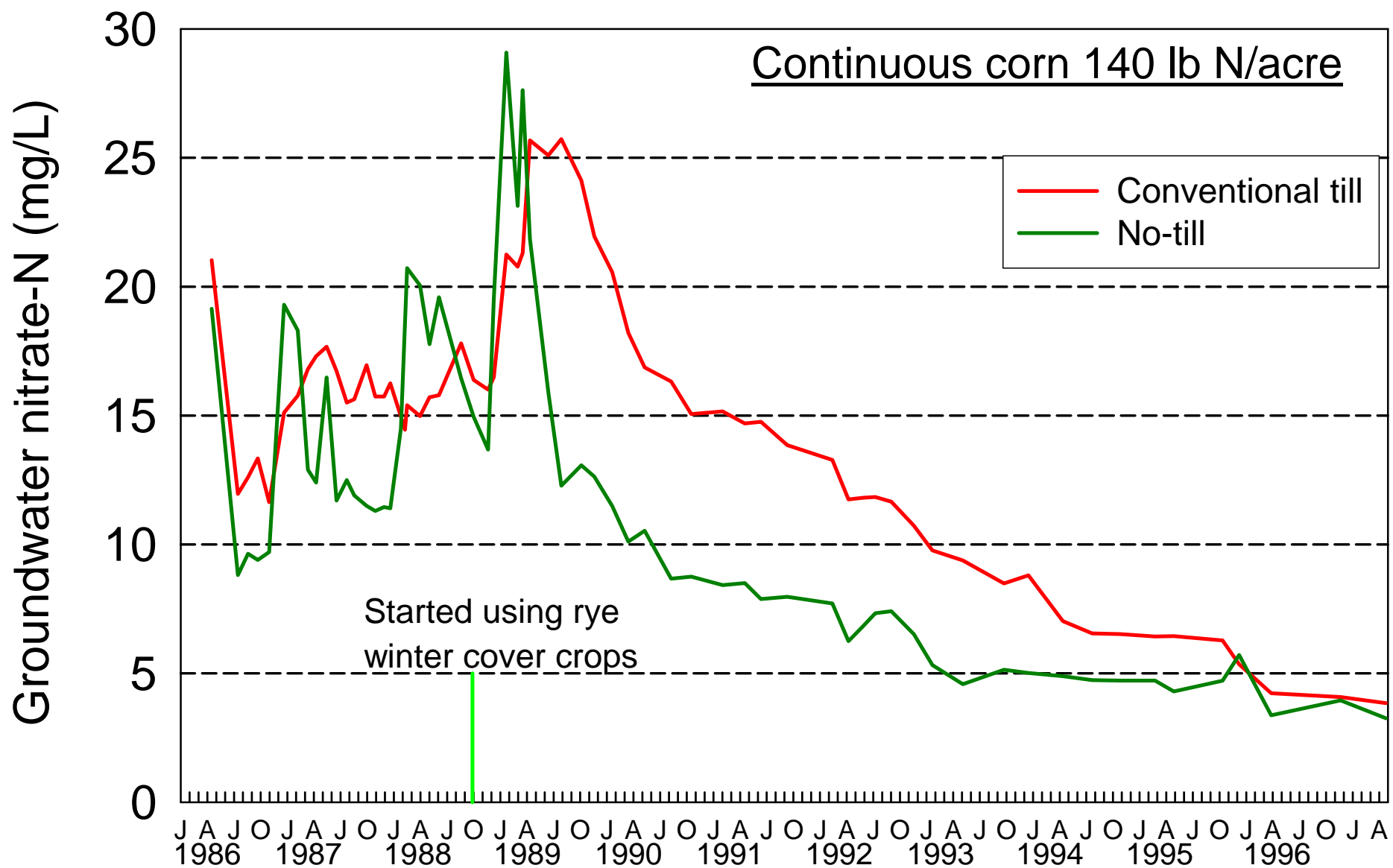
~20-30 lb/acre

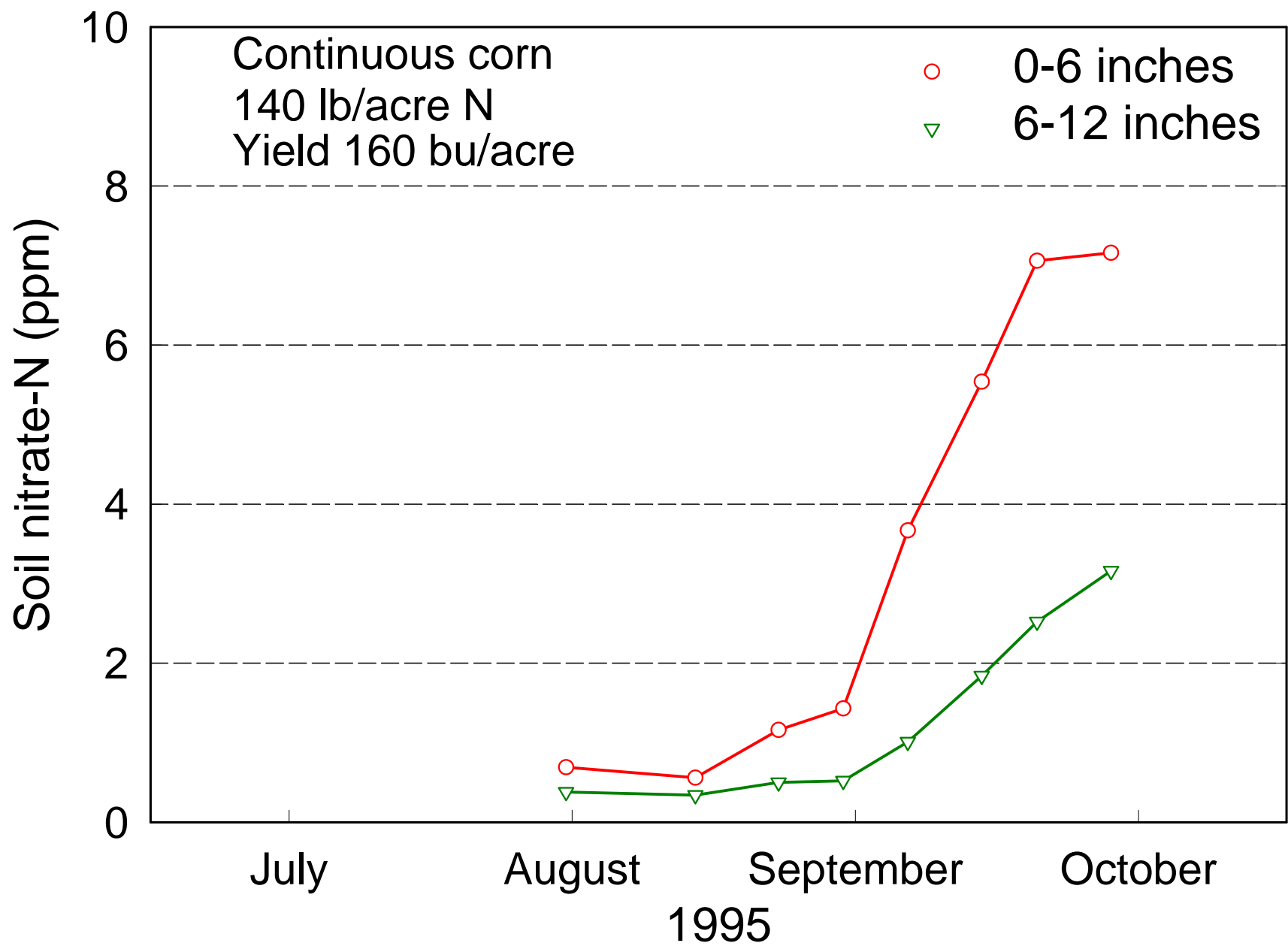
## It All Starts in the Root Zone

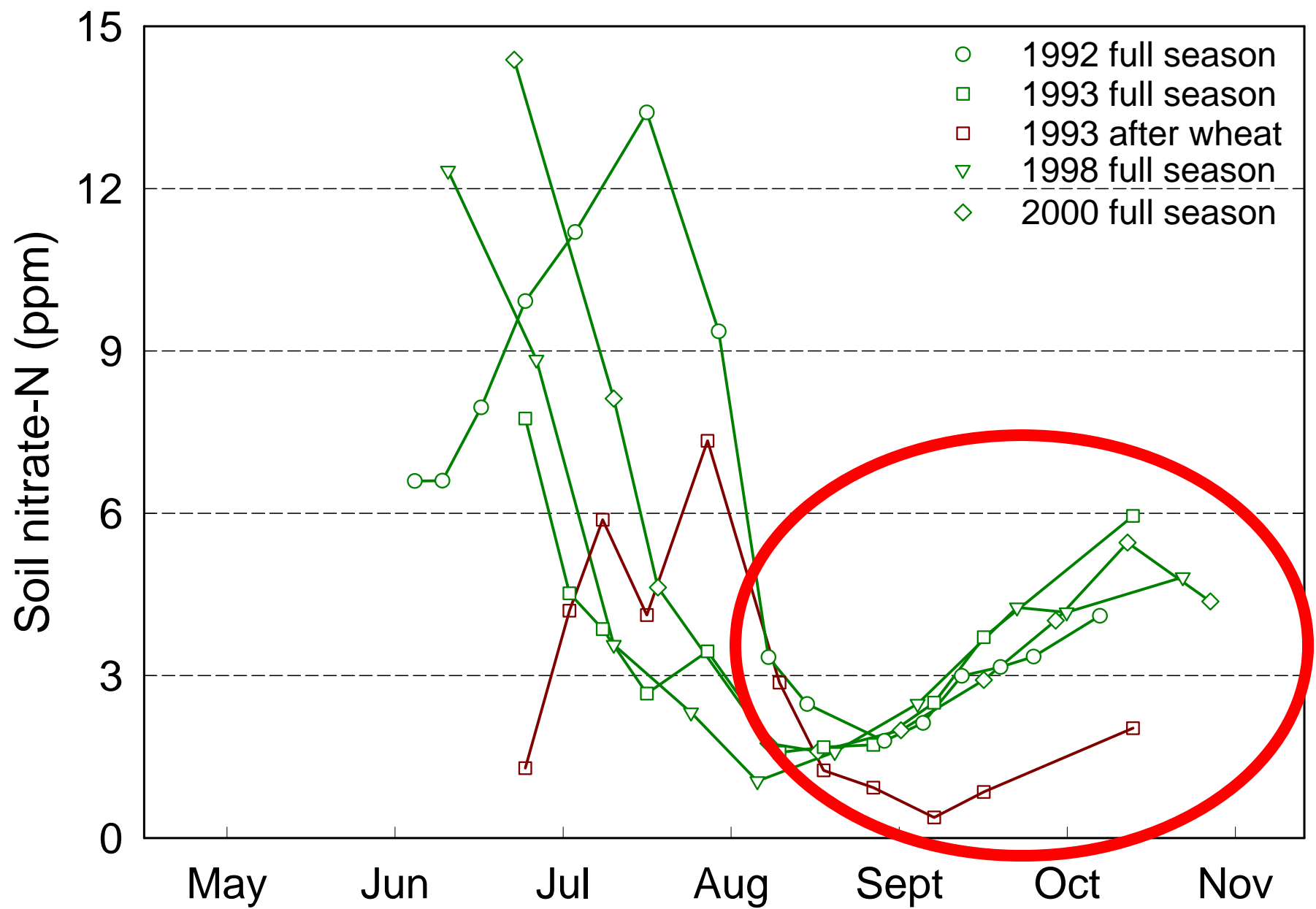
Achieving significant reductions in N losses from cropland will require reductions in nitrate leaching rates which will lead to lower groundwater and stream nitrate concentrations. Winter cereal cover crops do this very well!

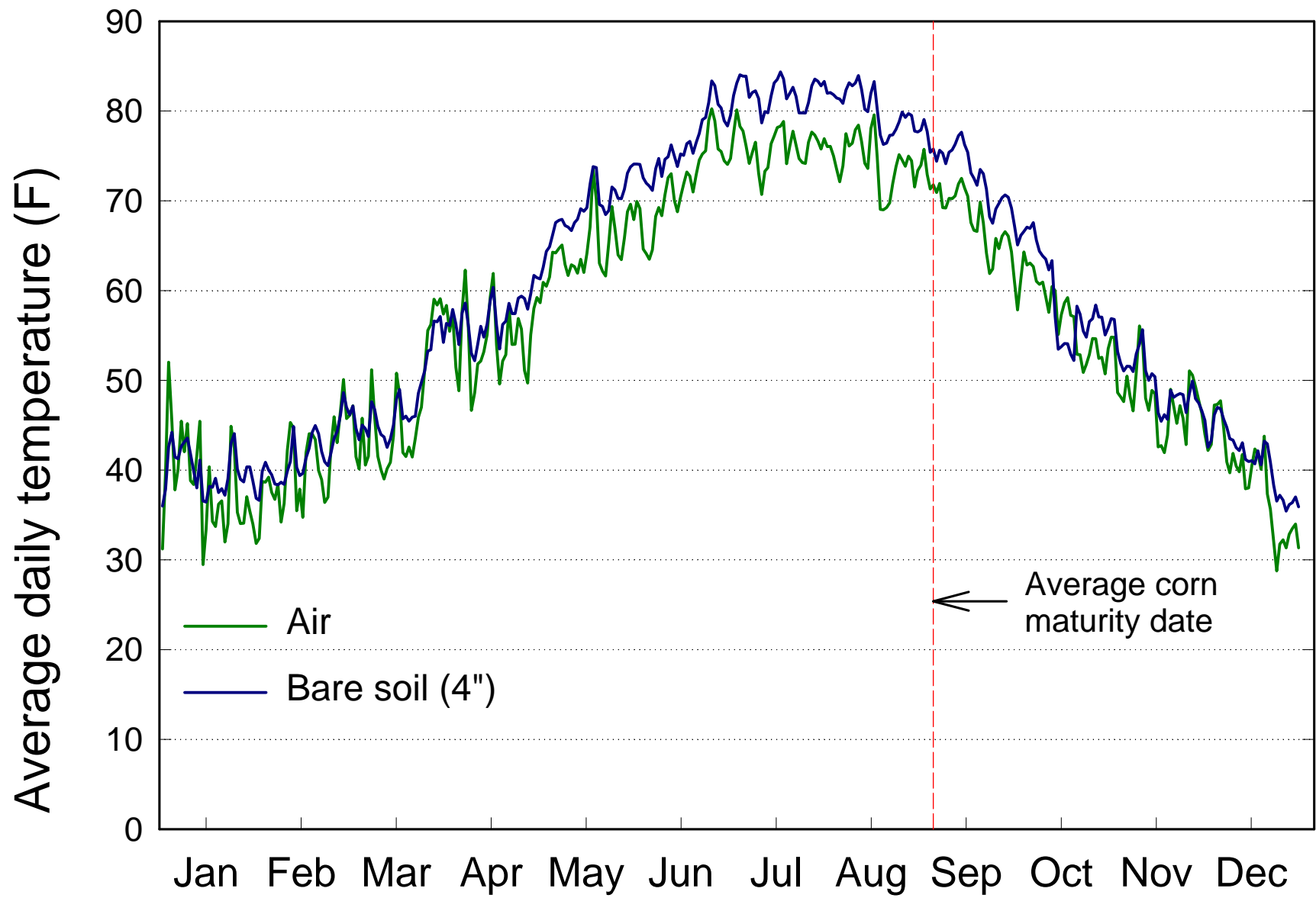












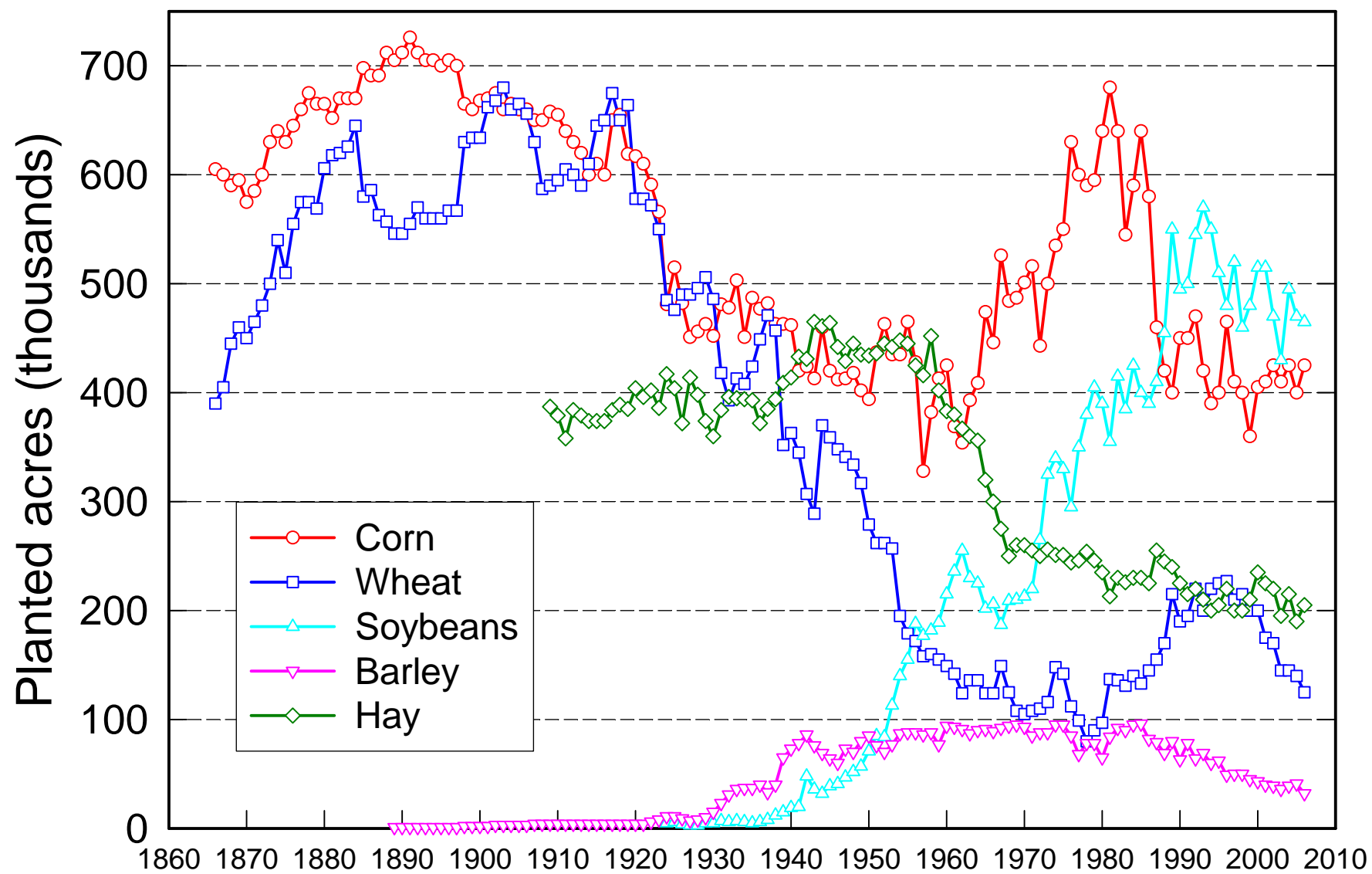
## Forty Percent Nutrient Reduction Strategy for Choptank Watershed (Table 2 1995)

Practice	Coverage (acres)	N Load Reduction	P Load Reduction
Soil Cons./Water Quality Plan	35,893	73,222	6,820
Conservation Tillage	27,134	103,923	8,412
Nutr. Mngmt. – Fertilizer	129,806	192,113	7,788
Nutr. Mngmt – Organic	20,443	90,768	3,680
Cover Crops	50,586	437,063	8,094

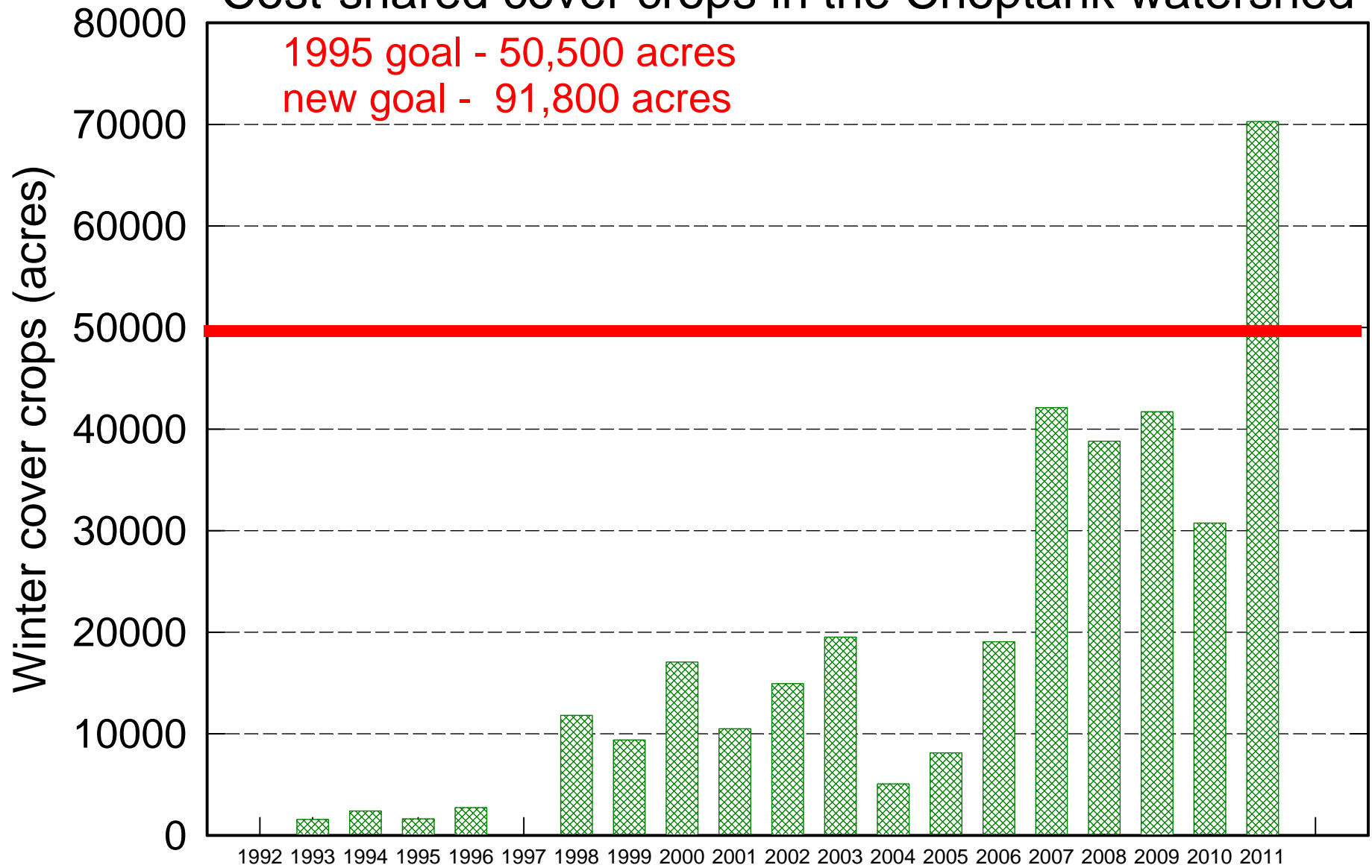


# Implementation is the Challenge

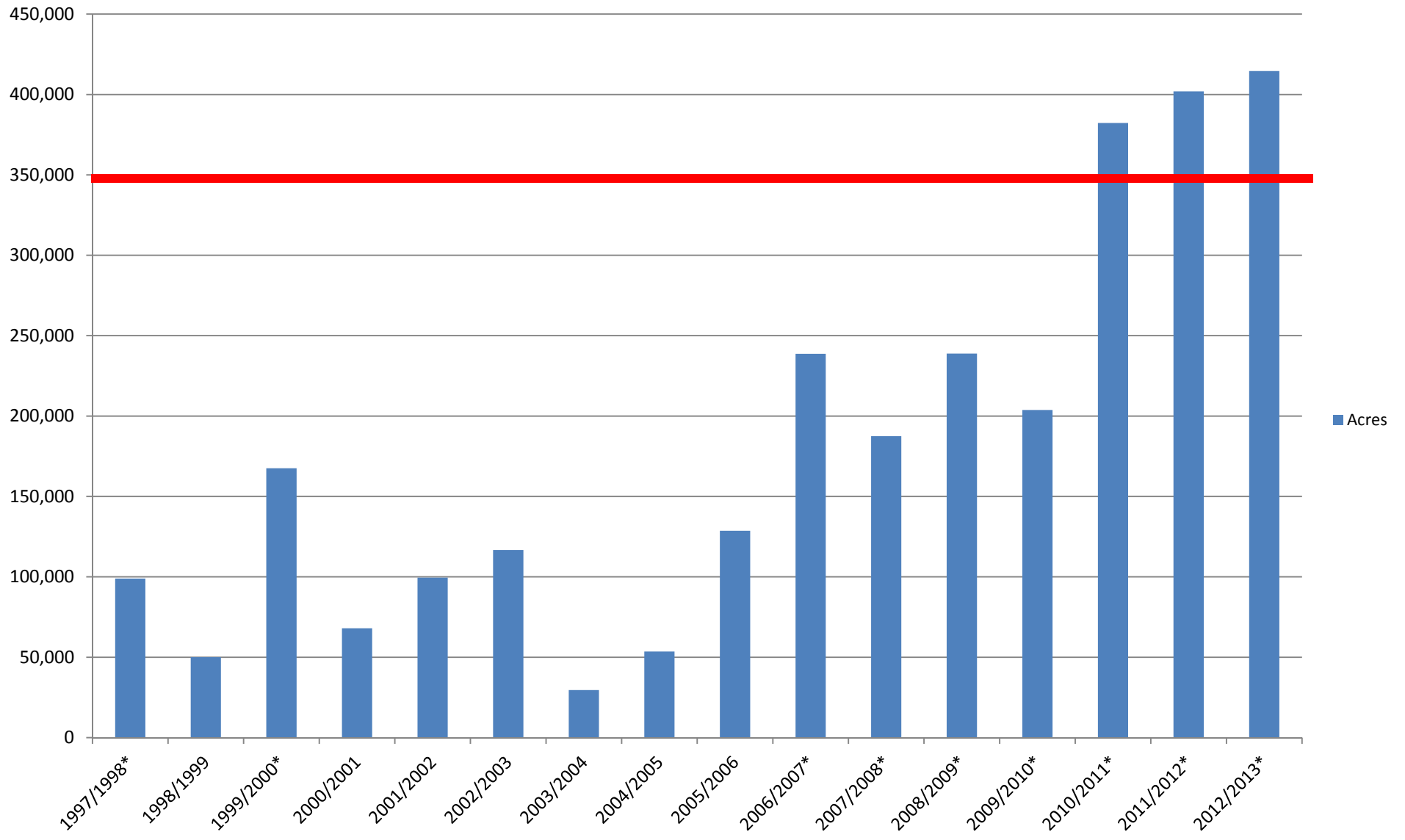
Although cover crops were recognized as a potential solution to N losses from cropland decades ago, the problem has been getting them on the land.



# Cost-shared cover crops in the Choptank watershed

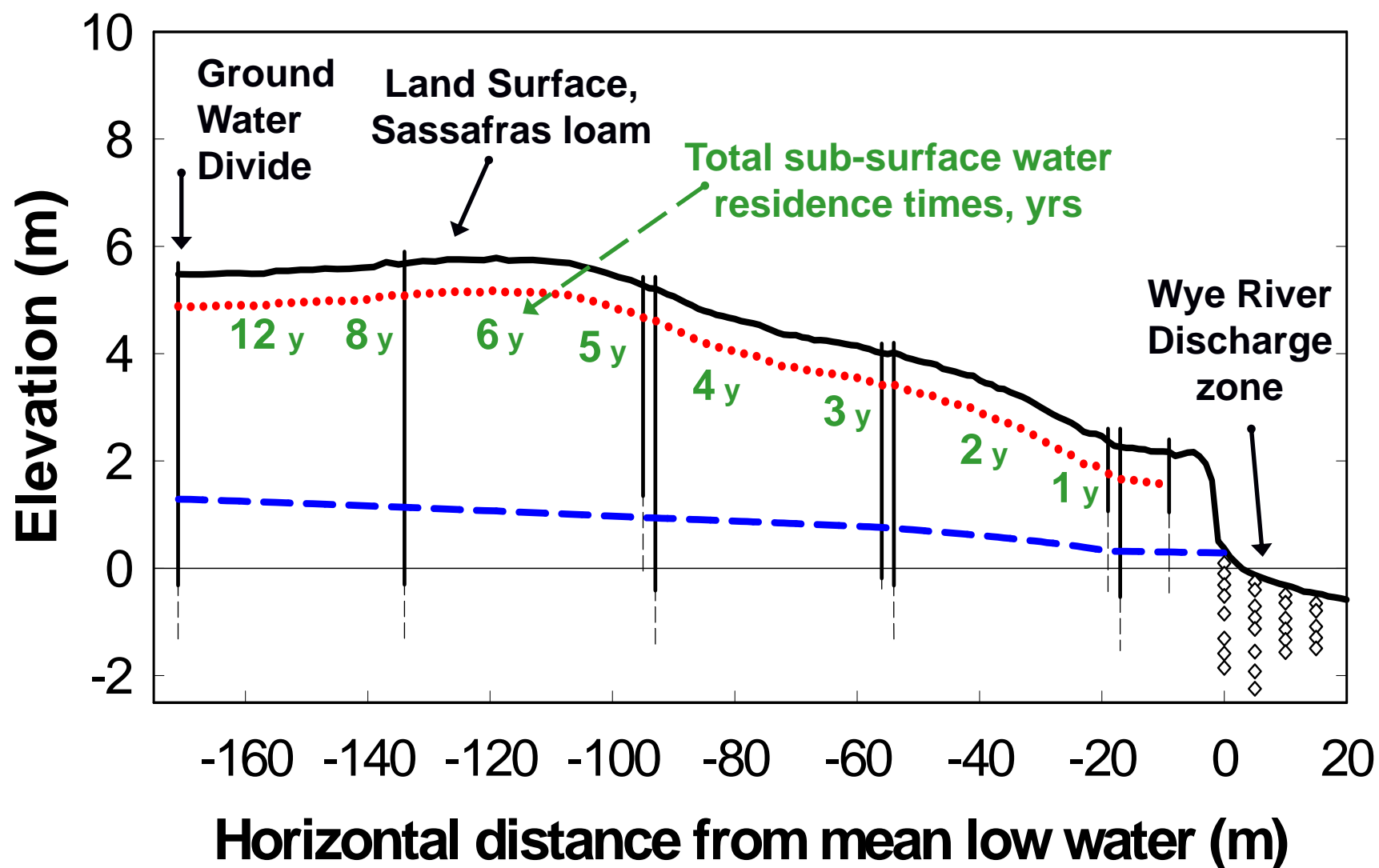


## Acres

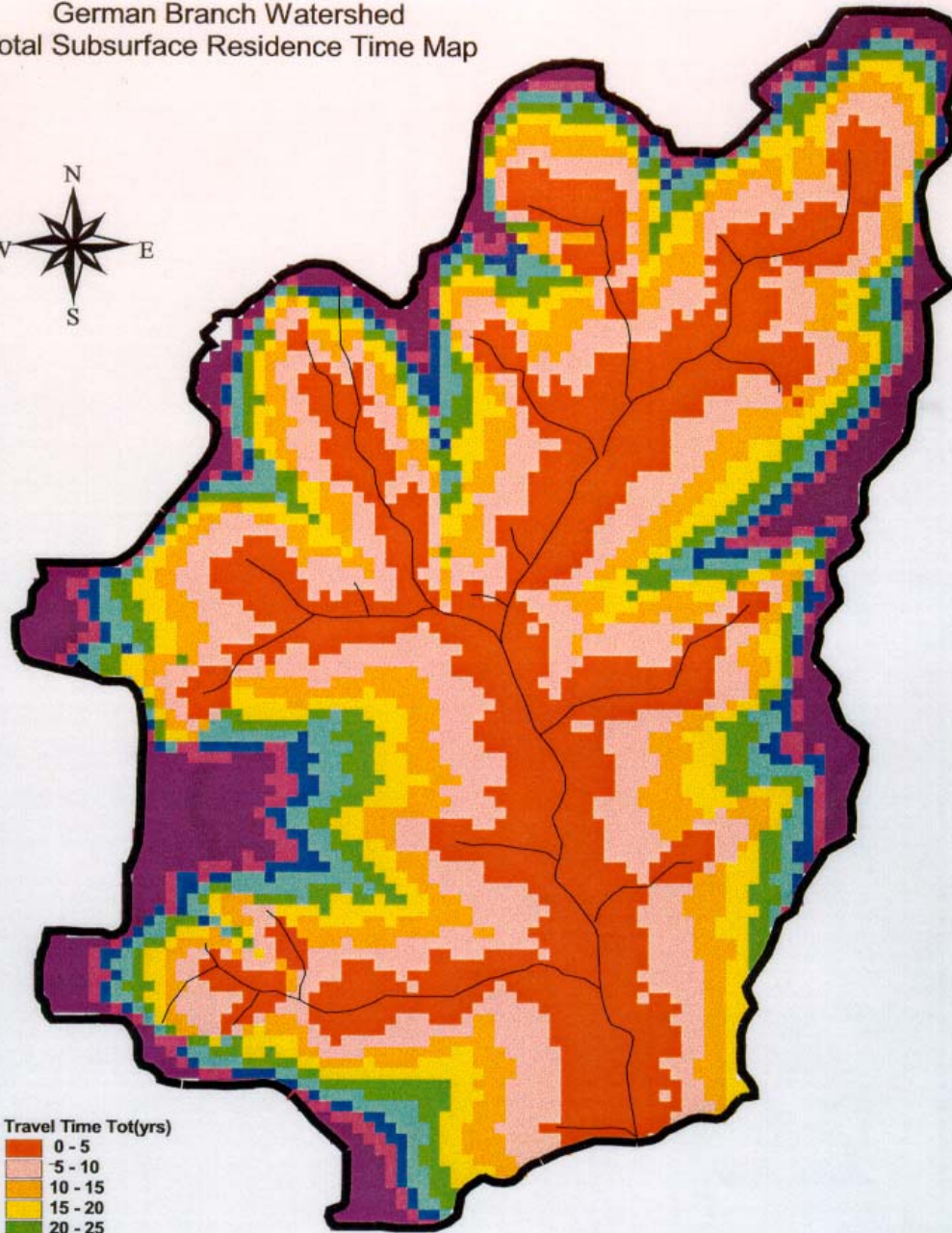
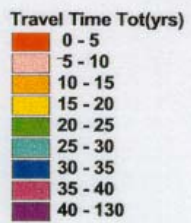


# Cover crop effects over a landscape

(Staver and Brinsfield, 2000, DNR Final Project Rpt. )



German Branch Watershed  
Total Subsurface Residence Time Map



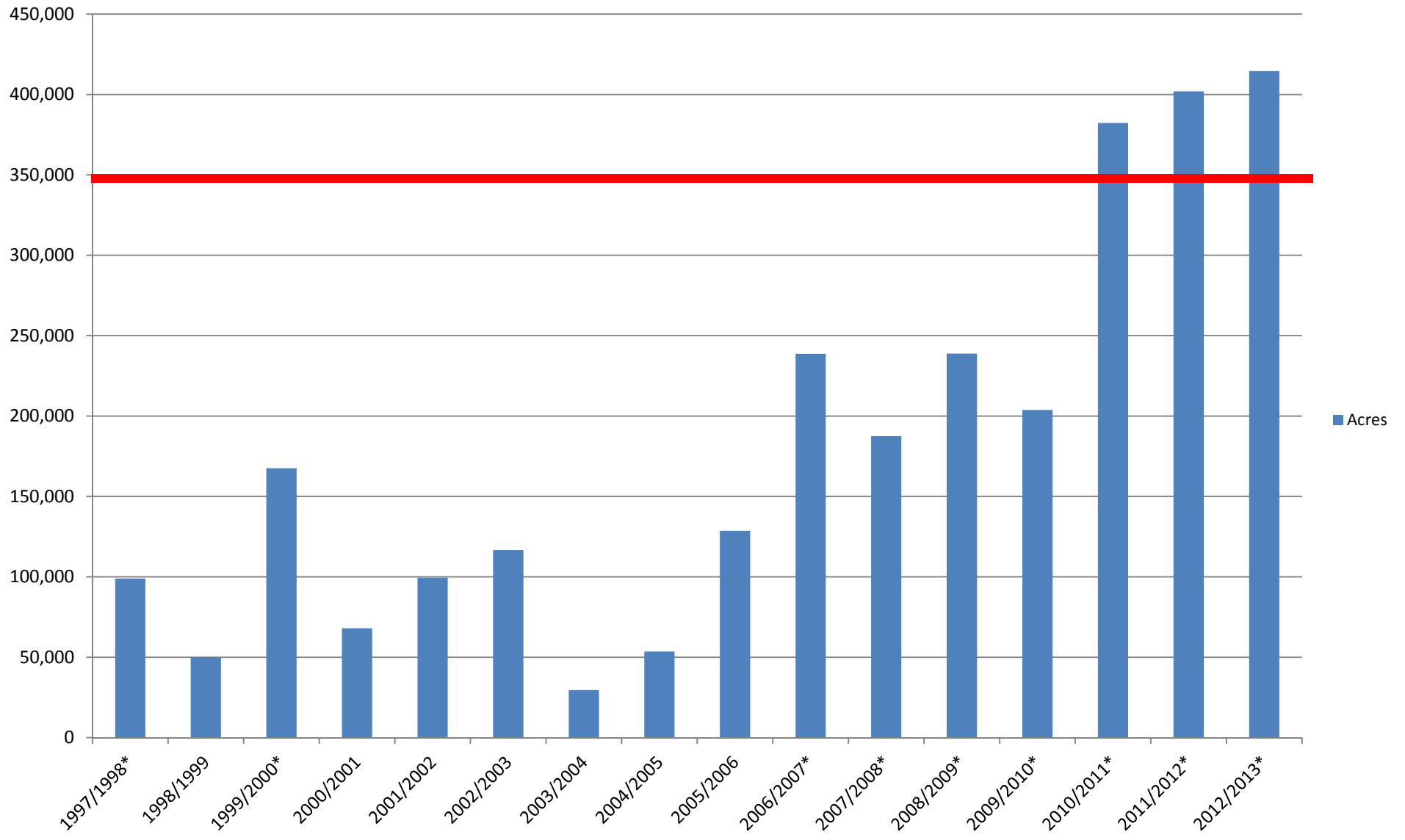


## Carrots or Sticks?

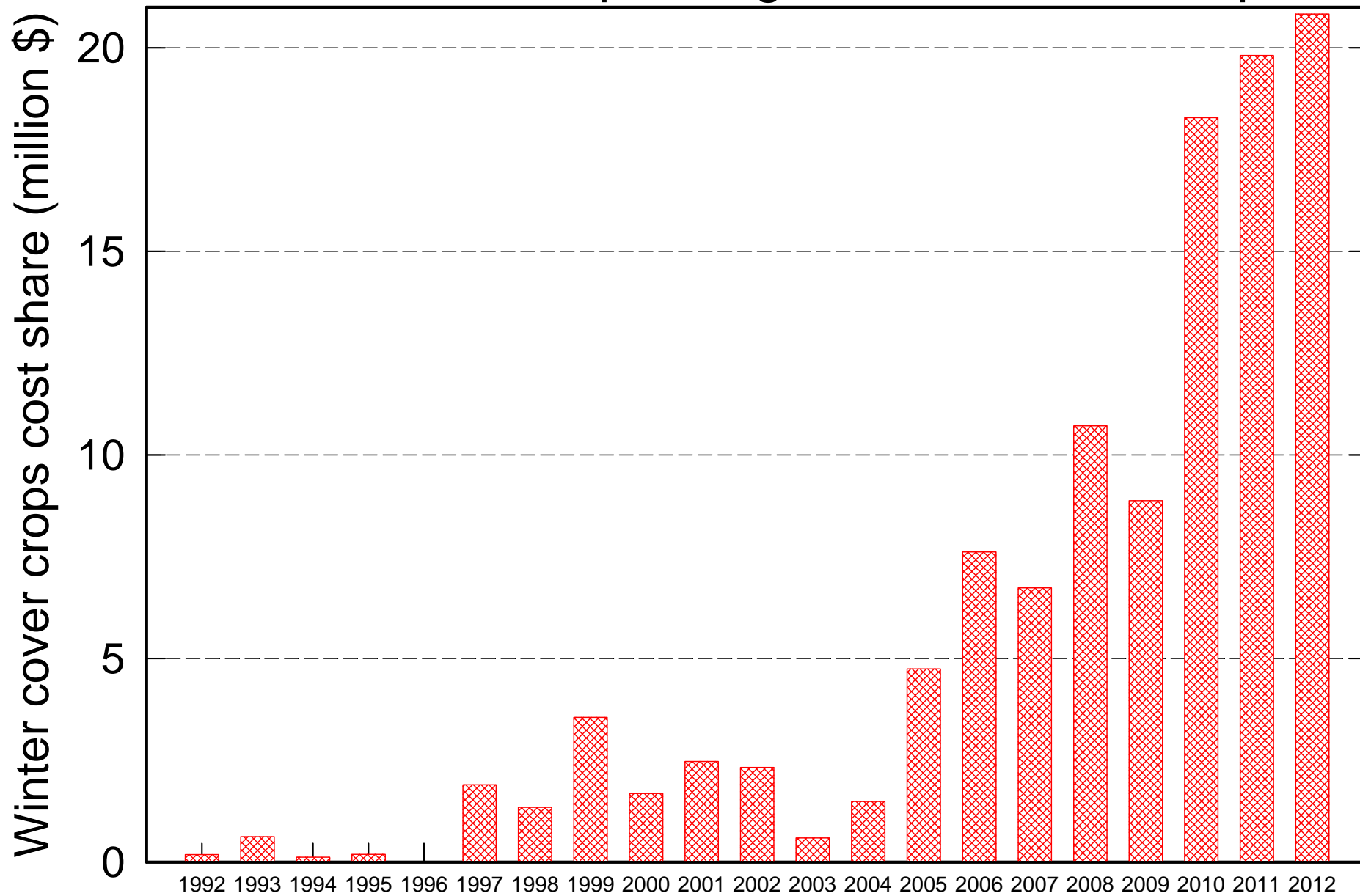
So far Maryland has had an all carrots approach focused totally on reducing N losses. Cover crops add an extra layer of management and farmers do not perceive a positive bottom line.



## Acres

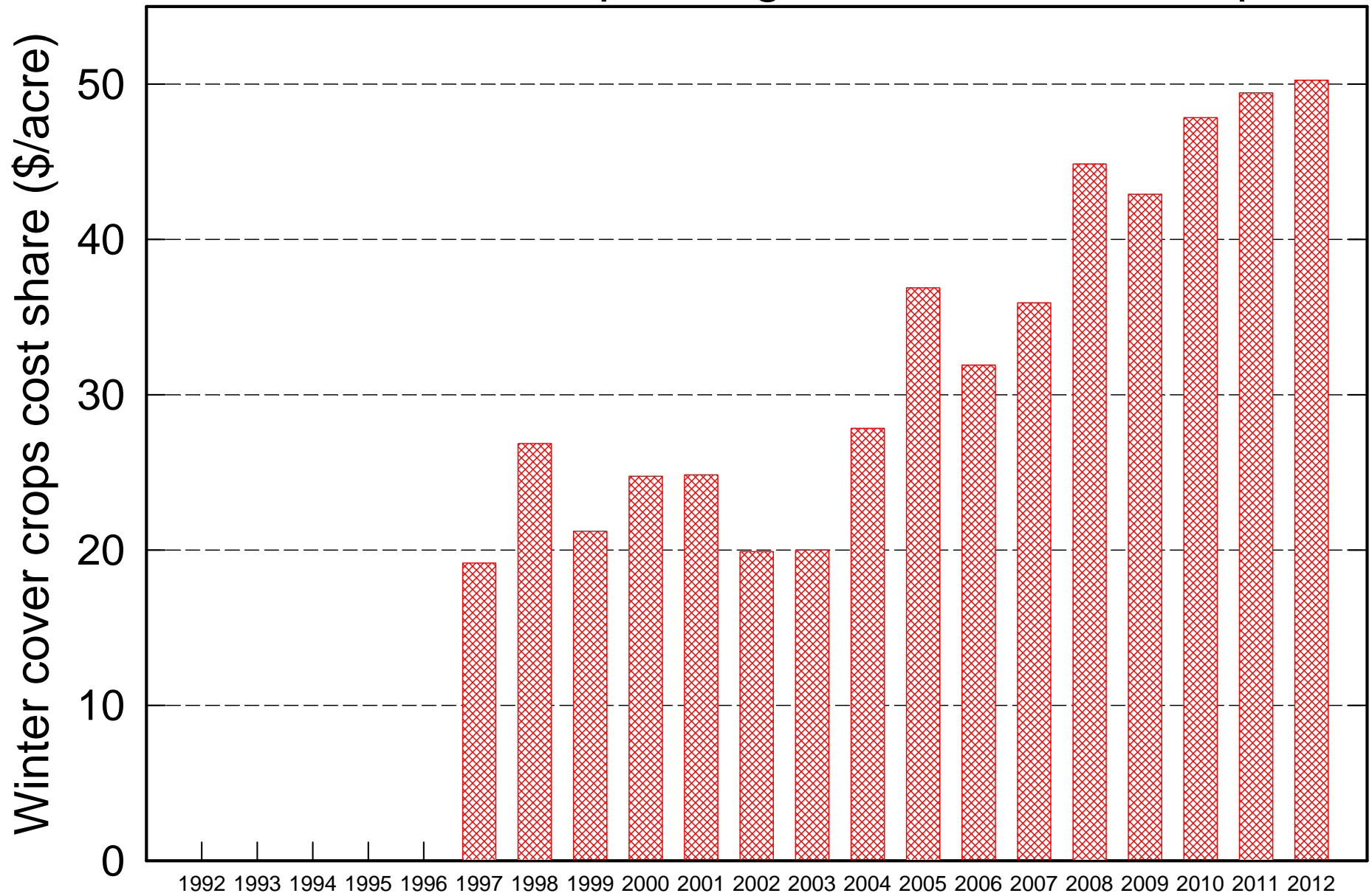


## MD cost-share spending for winter cover crops





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# Cost-share is directed to high risk acres

- Corn
- Vegetables
- Manure
- Priority watersheds



## Cost-share is directed to most effective cover crop practices

- Early planting
- No-till drilling
- Rye

## To reach acre goals many options are in the program

- All crops
- Aerial seeding
- Radishes
- Vertical tillage
- Mixtures
- Keep tweaking

## Lessons Learned

- Farmers like to be good stewards but the bottom line rules
- Implementation has to be high
- Be clear about objectives – water quality probably the simplest
- Match credits to incentives – the TMDL problem





